

Mansarovar Campus, Rani Avanti Bai Marg, Village- Hinotia Aalam, Ward No. 84, Kolar Road, Bhopal (M.P) 462042 Tel: +91-9111777225, 761158888. Website: www.mansarovardentalcollege.com

# 1.3.1 List of courses with their descriptions



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Issue	Course Offered	Date
1. Gender issue	Current Scenario of PCOS in young girls-	17.10.2023
	A talk on health education	
	International women's day	08/03/2024
	Personality development session for male	27/02/2024
2. Professional ethics	Art of presenting : Let's ace the skill	04.09.2023
	Personal effectiveness at workplace	15.09.2023
	Seminar on Study abroad	27.10.2023
3. Human values	Empowering Awareness on World AIDS	01.12.2023
	Day	
	World No Tobacco Day	31/05/2024
	International day of elderly person	10/09/2023
	Awareness on tobacco consumption	12/08/2023
	World oral hygiene day	01/08/2023
	Anti-Ragging	16/10/2023
4.Environment and	Plantation on World Environmental Day	05/06/2023
sustainability	World Bicycle Day	03/06/2023
5.Health determinants	Find balance & bliss through Meditation	03.11.2023
	Antimicrobial use, misuse & resistance	21.11.2023
	Ayurvedic medicinal plant in dentistry.	02.11.2023
	World Oral Health Day	20/03/2024
	Diagnosis of Oral Cancer - An Oral Pathologist at Fore	22/04/2024



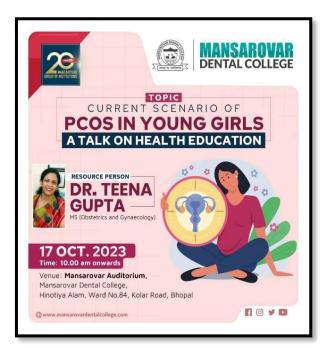
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### Details of Courses integrating the cross-cutting issue

Current Scenario of PCOS in young girls- A talk on health education 17.10.2023

### By Dr. Teena Gupta

Polycystic Ovary Syndrome is a reproductive age endocrine problem in female, it is leading cause of infertility among women. Having PCOS can be hard on girl's self-esteem. Thus to increase the knowledge and awareness Mansarovar Dental College has conducted a talk on "Current Scenario of PCOS in young girls- A talk on health education" for the welfare of students on 17/10/23 by Dr.Teena Gupta.





Dr. B. Gurudutt Nayak Principal Mansarovar Dental College BHOPAL



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#### **Details of Courses integrating the cross-cutting issue**

#### International women's day celebration

08/03/2024

#### Speaker: Dr. Bhawna Bhavsar

Mansarovar Dental College organised international womens day on 8 march 2024 in the auditorium of Mansarovar Dental College. The theme for International Women's Day 2024 "ROLE OF WOMEN IN DENTISTRY. Function was inaugurated by Mrs. Manjula Tiwari CED MANSAROVAR GROUP OF INSTITUTIONS. Speaker for the day was Dr. Bhawna Bhavsar, renowned endodontist. Felicitation was given by Dr. B. Gurudutt Nayak, Principal, Mansarovar Dental College. Students were honoured for their outstanding performance for competitions held, debate, fireless cooking, rangoli based on the theme





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### **Details of Courses integrating the cross-cutting issue**

Personality development session for male	08/03/2024
Speaker – Sanjoy Chakrabarty	
Mansarovar Dental College organized a session alon	g with Gillette and career development cell
for male students. Session focused on how to commu	inicate and face interview successfully, how
to improve interpersonal relationship and social be	haviour for effective communication with
basic grooming skill.	





Dr. B. Gurudutt Nayak

Principal Mansarovar Dental College BHOPAL



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#### Details of Courses integrating the cross-cutting issue

Art of presenting : Let's ace the skill

04.09.2023

### Speaker - Dr. Ankit Sikri

We all live in a technology-driven world. Our fast-paced life demands much more from us sometimes. In a lobby of professionals, one always wants to outshine the other. Communication skills form a large part of the day to day dealing. One such skill is the art of presentation through Powerpoint presentation. Whether you are making a presentation and speaking at a conference or delivering a lecture, it matters what you say and how you say it. Hence Mansarovar Dental College conducted a talk on ART OF PRESENTING: LET'S ACE THE SKILL!! By Dr. Ankit Sikri





Bend



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### Details of Courses integrating the cross-cutting issue

Speaker: Dr. Mahesh Ahire Personal effectiveness at the workplace is cruck roductivity, job satisfaction, and overall success in	al for individuals to achieve maximun
	al for individuals to achieve maximum
roductivity, job satisfaction, and overall success in	
	their careers. The Dental Education Unit o
Iansarovar Dental College hosted a lecture on Pe	rsonal Effectiveness at Workplace" by Dr
Jahesh Ahire.	1 5
	MANSAROVAR
invites you to a	A Faculty Development programme on
A Faculty Development	"Personal Effectiveness at Workplace
Programme on	
"Personal Effectiveness	and the second second
at Workplace" +	Entry Party and
15 <sup>th</sup> September 2023 from 2:00 PM onwards	
Hom 2.00 PM Onwards	
Venue: Resource Person	
Mansarovar Auditorium, Mansarovar Dental College, Steff residue of Dental Schere and Research,	
Bhopal State of the state of th	
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#### Details of Courses integrating the cross-cutting issue

#### Study Abroad" by eminent speakers

27/10/2023

### Speaker : Mr. Nakul Parashar

On October 27, 2023 Mansarovar Dental College organized a Career Guidance Program focused on "Study Abroad" to offer valuable insights and information to students contemplating international education opportunities. Esteemed speakers, Mr. Nakul Parashar (Branch Manager, Career Craft Consultants), Mrs. Neha Gupta (Counselor, Career Craft Consultants), and Mr. Rishabh Dixit (Admission Coordinator, Career Craft Consultants) delivered enlightening lectures during the event.







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### Details of Courses integrating the cross-cutting issue

#### Empowering awareness on world AIDS day

### 01/12/2023

On the occasion of AIDS Day, a rally was taken out at Mansarovar Dental College, Hospital and Research Center to create awareness among the people. The students of Red Ribbon Club made people aware about the dreadful disease like AIDS with full enthusiasm and passion. Students also participated enthusiastically in poster, face painting and slogan writing competitions based on related topics.



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#### Details of Courses integrating the cross-cutting issue

### "International Day of Elderly Persons".

MDC organized an event on "International Day of Elderly Persons". Mansarovar Dental College's Department of Prosthodontics and Crown & Bridge recently marked the International Day of Elderly Persons with a resounding success—a free denture camp that served more than 50 patients.



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#### **Details of Courses integrating the cross-cutting issue**

Awareness on tobacco consumption	
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12/08/2023

By Dr. Tripty rahangdale

Mansarovar dental college, bhopal organised an awareness programme on tobacco consumption on the occassion of youth day. .speaker told about the types of addiction and importance of councelling regarding habit, nicotine replacement therapy and early detection of tobacco related lesions .

Students were made aware about the ill-effects of tobacco and alcohol. Poster competetion and debate competetion were also conducted for the same





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### **Details of Courses integrating the cross-cutting issue**

#### Oral Hygiene day

#### 01/08/2023

Organized by the Department of Periodontology

The global burden of disease study of 2017 conducted by the World Health Organization (WHO) found that around 3.5 billion people across the globe suffer from oral diseases. However, one will be amazed to know that most oral health conditions including tooth decay, gum diseases and even oral cancers can be prevented by simply maintaining a good oral hygiene. The theme focused on conveying to the public the importance of dental health at all stages, to urge people to practice good oral hygiene, and to educate them on how to preserve dental tissues. Activites included videography competition,Best smile competition, poster making, plaster model making, and rangoli competition for the students, interns, and postgraduates.







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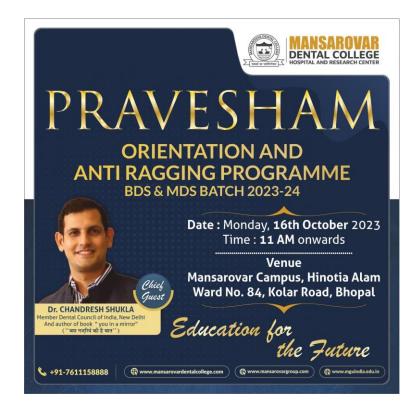
### **Details of Courses integrating the cross-cutting issue**

#### Anti-ragging

16/10/2023

### By -Dr. Chandresh Shukla

The college strongly adheres to anti-ragging policy and implements it through true spirit of actions. The talk on anti-ragging programme by Dr. Chandresh Shukla, Member, Dental Council of India, on this occasion highlights among several other steps taken by the college to ensure the system is in place and we provide ragging-free campus.





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#### **Details of Courses integrating the cross-cutting issue**

Word Environment Day Date

05/06/23

World Environment Day was celebrated with a clear focus on engaging, educating, and encouraging participants to become advocates for environmental protection. On World Environment Day, we reaffirmed our commitment to spreading awareness and taking concrete steps to protect and nurture our environment, understanding that our collective efforts are essential for a sustainable future.





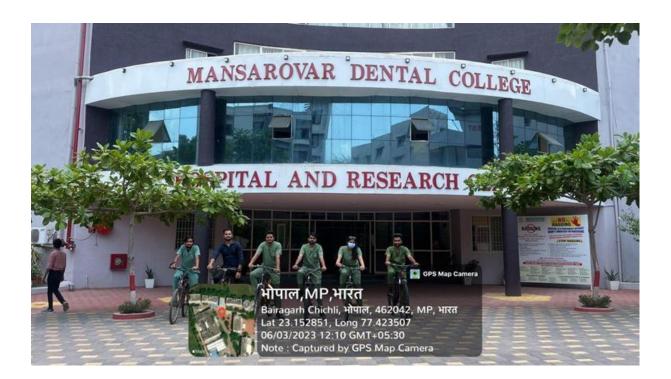
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### **Details of Courses integrating the cross-cutting issue**

### **Bicycle riding**

### 03/06/2023

Bicycle riding uses minimal fossil fuels and is a pollution-free mode of transport. Bikes reduce the need to build, service and dispose of cars. Bicycle riding conserve roadway and residential space thereby providing opportunities for less concrete and more plant life in urban areas. Hence MDC organized for students.





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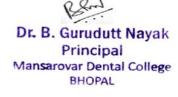
#### Details of Courses integrating the cross-cutting issue

Find balance & bliss through meditation03.11.2023Speaker: Sister Hema and sister Divyani

After true realization of the self, one can perform all worldly duties with ultimate Bliss and Peace. Despite so many new inventions across the globe to increase efficiency, our sufferings continue to overwhelm us. Our journey on earth can bring stress, tension, fear, anger, anxiety, and loneliness. Bliss is Anand or the ultimate joy where there is freedom from happiness and sorrow, which is beyond negative-positive, which means knowing yourself joyfully and experiencing total presence. Practicing this powerful meditation and way of life, will bring you balance, optimum utilization and harmony of the body, mind, intellect, and life, Mansarovar Dental College organized a talk on "Find Balance and Bliss Through Meditation" by sister Hema and sister Divyani on 3rd November 2023









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### **Details of Courses integrating the cross-cutting issue**

### Antimicrobial use, misuse and resistance

17/03/2023

By Dr. Hemlata Verma

Antibiotics are one of the greatest advances in medicine. But, overprescribing them has led to the resistance of the bacteria (bacteria that are harder to treat). Antibiotic resistance is a growing problem. The Centers for Disease Control and Prevention (CDC) calls it "one of the world's most pressing public health problems."

To improve awareness and understanding of antimicrobial resistance Mansarovar Dental College Organized a talk on "Antibiotic Use, Misuse and Resistance" on 21/11/2023 by Dr. Hemlata Vema.





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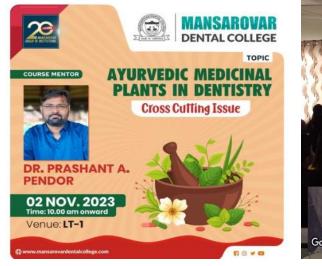
Aurvedic medicinal plants in dentistry

02/11/2024

Speaker: Dr. Prashant A. Pendor

Ayurveda is the ancient Indian system of health care and longevity. It is a holistic system of medicine that has emerged in India centuries ago, now practiced in other parts of the world as Alternative Medicine even in Dentistry. Dental fraternity has witnessed the footprint of these herbal products in the form of tooth pastes, gum paints, mouthwashes, root canal irrigants, etc. The Science of ayurveda should be integrated with modern dentistry and dentists can be encouraged to use natural herbal remedies in various dental treatments for both children and adults.

Mansarovar Dental College held a talk on "Aurvedic medicinal plants in dentistry" by Dr. Prashant A. Pendor.









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### World Oral Health Day

20/03/2024

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Mansarovar Dental College BHOPAL

World Oral Health Day is celebrated on 20th March to promote the importance of oral health in overall health status. World oral health day spreads the message about good oral hygiene practices in adults as well as in children and demonstrates the importance of oral health and well-being.

The theme of World Oral Health Day 2024 is

"A HAPPY MOUTH IS A HAPPY BODY"

We, as dentist focuses on making people aware of their oral hygiene and helping them make the right decision to protect it, also letting them know how a healthy mouth is important for our happiness and well-being.





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#### Details of Courses integrating the cross-cutting issue

Diagnosis of Oral Cancer - An Oral Pathologist at Fore

22/04/2024

Dr. Neeraj Grover

Oral cancer is a serious and often overlooked health issue, but with early detection, the chances of successful treatment and survival greatly improve. Diagnosis of Oral Cancer - An Oral Pathologist at Fore" by Dr. Neeraj Grover, Professor and Head, Dept. of Oral Pathology & Microbiology, Santosh Dental College and Hospital, Ghaziabad on 22nd April 2024 from 1.30 pm onwards at Mansarovar Dental College Auditorium, Bhopal. Your participation will not only enhance your understanding of oral cancer but will also contribute to the vital endeavor of spreading awareness and potentially saving lives.



